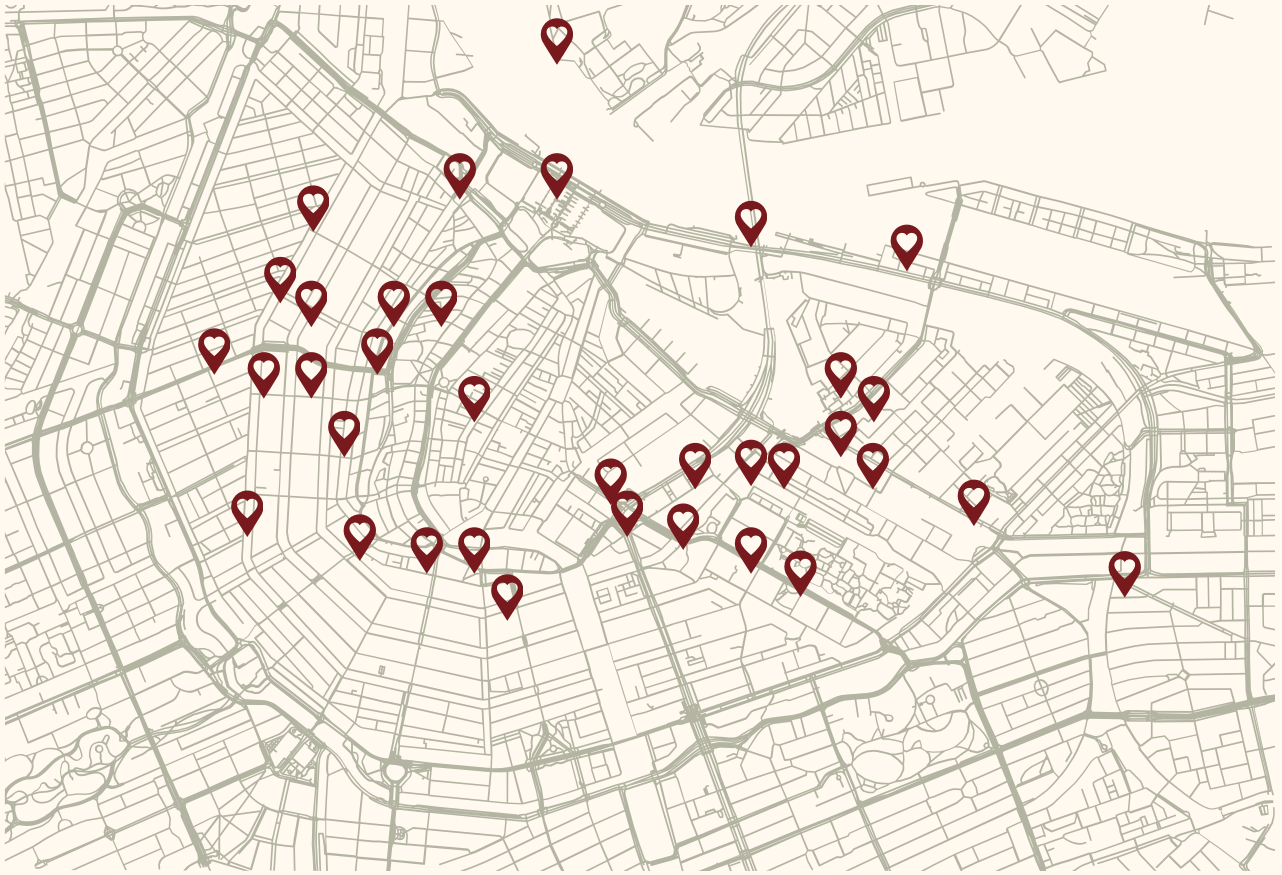


AIM presents:



Amsterdam Starters Guide

Tips and tricks for you to live your best uni life!

ALWAYS GOOD TO KEEP IN MIND ...

Uni can be pretty overwhelming, especially in the first few months. Therefore, it is super important to take a step back and look after yourself. If you keep pushing non-stop, you'll burn out, and that won't help anyone. Take a break from the books, clear your head, and recharge. Whether that is going for a walk, hanging out with friends, or just chilling out. Your mental and physical health matter just as much as your grades, and taking care of yourself will actually help you do better in the long run. To help you get started, we have created this booklet with all of our favorite spots in Amsterdam!

With much love,
the 12th AIM board



Sophia:
"Give yourself some time.
Everything will fall into
place! And don't you dare
hesitate to ask us for help,
advice, and notes from
previous classes."

BRUNCH AND COFFEE

Cafe Smit & Voogt

Close to uni and amazing for a good study session

De Wasserette

Lovely terrace and great for people watching (try their french toast!!)

Ree7

Cozy and warm vibes, perfect for a cold day

De Jonge Admiraal

No laptops allowed, super cute and cozy with indoor and outdoor space

De Laatste Kruimel

ADORABLE brunch spot

Screaming Beans

Close to campus and does allow laptops

Bakkerij Wolf

Bit touristy but delicious and cute

Oeuf Amsterdam

Cute brunch spot with a lovely terrace

Pluk

Just a very cute coffee spot with good pastries

Coffee company

Many locations across the city with just really good coffee

Goodnews

Perfect for take-away and matcha

Broodje Bert

Cute outdoor space and right next to a beautiful secondhand book store

Lieve:

"Go to Oeuf Amsterdam in the Pijp! It's a really cute brunch spot with lots of eggs and a nice terrace. From Thursday to Sunday they also open for burgers and cocktails. If you're lucky, you might run into me working!"



RESTAURANTS

Poke perfect

Always a good choice

Saravanaa Bhavan

Great restaurant, completely vegetarian

Vegetalian

Lovely place (check for student discounts)

Monte verde

Check for deals, it can be super cheap

Doner van oost

Open late and super cheap

Tigris & Eufraat

Delicious and affordable

Il panorama

Cute family restaurant in the city centre

Caffe Pico

Cute and classy restaurant in the Pijp

Van 'T spit

Addictive chicken and a lovely team

Spaghetteria

Several locations across the city, good and affordable pasta

Foodhallen

Indoor food market (perfect date idea!!)

De Japanner

Just really good Japanese food

Cafe Kadijk

Best indonesian food on a nice square

Ropram Roti

There is always a line because it's so good

Lolo Amsterdam

Lovely place for Italian food, super instagrammable



Wesley:
"Don't feel like
cooking?
Poke perfect.
Just got back from a workout?
Poke perfect.
You're about to go out?
Poke perfect."

BARS AND CLUBS

Glou Glou

Wine bar in the Pijp with a really nice vibe, good wines and snacks (perfect for a friends night out!!)

Bar Centraal

Really nice wine bar in West, a must-visit

Cafe Twee Prinsen

Nice wine bar in the Jordaan where you can really feel the Amsterdam vibe, great for people watching

Skatecafe

Amazing place to go out in Noord with great concerts, club nights and of course a skating rink

The Waterhole

Lovely place with live music



Olaf:

"You should definitely go to Cafe the Minds! It is a very fun bar in the centre with a pool table, and it has boots hanging from the ceiling. The crowd is also so good!"



BARS AND CLUBS

R. de Rosa

Looks cute and is hidden on a corner in the Jordaan

Cafe de Keu

Amazing poolbar in West with loads of games and darts

Cafe fest

One of the cheaper student cafes in Amsterdam, it's really nice

Nyx/Exit

On Wednesdays specifically, free and super fun music, with different floors

De Groene Olifant

Chill cafe, super close to uni

Cafe Leentje

Authentic brown cafe, good atmosphere, perfect for a good "borrel"

Huis van lemand Anders

Laid back place for food and drinks with friends

Canvas Rooftop bar

Amazing rooftop bar with the best view over Amsterdam, perfect for day and night

Cafe Fonteyn

Cute authentic cafe with a big terrace, service is amazing



Ivan:
"Go to Waterkant! Even though it is a big and popular place, you can never go wrong with it. It has a nice view of the canals and has some very funky lemonade variants."

ACTIVITIES

Albert Cuyp Market

A must-visit with a bunch of food stands, so get yourself a portion of kibbeling, poffertjes, or stroopwafels

Amsterdamse bos

A little further away from the centre, but a good place to reconnect with nature when you're done with the vibrant city

Geitenboerderij Amsterdamse bos

The best part of Amsterdamse bos is their goat farm, where you can feed the baby goats (perfect date idea!!)

Vondelpark

Best escape within the busy city, where you can slow down and take a break from the crowds

Dappermarkt

Only a 15 minute walk from the P-building, truly one of the best markets of Amsterdam

Buurtkringloop thriftstore

Best place for thrifting, on Javaplein (trust us, we swear by this place!!)

Flevopark

Just take a walk in this gorgeous park in Oost (much less busy than Oosterpark)

Foodhallen

Perfect place to get a bunch of foods at a beautiful location, there is also a cool cinema next to it



Lisanna:

"Take a break from studying and spend some time with your friends! I personally love to go for a picnic, or watch a movie. But I also love a good day trip. There are so many amazing cities in the Netherlands. Take some time to explore!"

ACTIVITIES

Bike rides through the city

Just grab your bike, take some snacks with you, and explore the city

Swimming at Bogortuin

Super nice swimming area, less busy than marineterrein

Jazz of Bimhuis

Free jazz!!

Eye museum

Really chill museum for film, they also host cool workshops

Picnic with friends

Just grab some food, choose a park, and relax!

Go to the movies

Amsterdam has a variety of cool cinemas (Pathe Tuschinski is our favorite!!)

Rent a boat

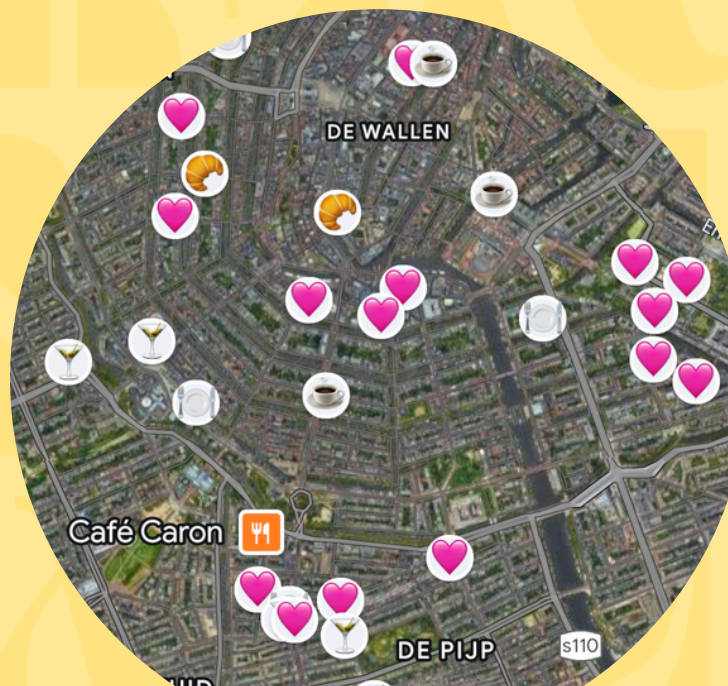
Nothing beats the beauty of Amsterdam's canals, so rent a boat and explore the city (be careful with the houseboats)

Scheepvaartmuseum

One of the best museums of Amsterdam, close to central station

Minne:

"I recommend pinning your favorite spots, and the places you want to visit in GoogleMaps. In that way you have a good overview of all the fun places in Amsterdam!!"



SOME FINAL WORDS

Now go and explore the city! If you ever need any specific recommendations or advice during your time at PPLE, you can always reach out to us. These are our phone numbers:

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